



2023



# at THE pearl

We aspire to cultivate a healthy body, a centered mind, and a connected spirit and to eliminate that which challenges your mental and physical states.

We believe every person is as unique, as valuable, and as extraordinary as a pearl.

We believe true beauty and wellness always begin from within.

We believe in the healing powers of nature and traditional remedies from around the world.

We believe serving others is an honor.  
We believe in you.

**THE HEALING WATERS:** Sunday 9:30 am - 4:30 pm •  
Monday + Tuesday 9:30 am - 7:30 pm  
Wednesday + Thursday 7:30 am - 7:30 pm  
Friday + Saturday 9:30 am - 7:00 pm

**SPA HOURS:** Closed Sunday • Monday 12 pm-7 pm •  
Tuesday- Saturday 10 am-8 pm\*

**EMBODIED MOVEMENT IS OFFERED 7 DAYS A WEEK. SEE SCHEDULE FOR TIMES.**

\*please check hours online for scheduled closings

THE world is your oyster



# holistic wellness

THE pearl is committed to being your partner in wellness, which is why we are excited to offer you a multi-dimensional wellness experience.

## **EMBODIED MOVEMENT, INCLUDING**

aerial movement | aqua fitness | barre | mat Pilates | cardio | embodied dance | reiki meditation | floating meditation | gong sound healing | TRX | rad roller recovery | heated power yoga | yin yoga | restorative yoga | vinyasa yoga | wall yoga | aqua yoga | beginner and fundamental classes

## **SPA THERAPIES, INCLUDING**

restoring body therapies | holistic facials | energy healing | customized massage | natural hand and foot therapies | gentle face + body waxing | seasonal therapies

## **THE HEALING WATERS, INCLUDING**

restorative pool | therapeutic hot tub | vitamin rainforest shower | eucalyptus steam room | cold plunge pool

## **WELLNESS SERVICES, INCLUDING**

acupuncture\* | crystal salt room | reiki assisted meditation | workshops + retreats | wellness weddings + extraordinary events

\* wellness partnership





# spa therapies

## THE face of pearl

THE custom pearl facial | 60 min | \$155  
a deep cleansing facial is customized to your skin type

THE custom pearl facial | 75 min | \$190  
this customized facial is designed to help resolve today's most troublesome skin concerns.

THE freshwater pearl | 75 min | \$195  
preventative anti-aging treatment designed to repair the skin while boosting collagen + elastin

THE holistic pearl | 60 min | \$165  
harmonize the skin + soul with our nurturing ritual complete with a sculpting gua sha facial massage

THE opulent pearl | 90 min | \$245  
THE ultimate facial treatment to hydrate, lift, smooth, and rejuvenate the skin.

THE modern pearl | 60 min | \$190  
experience LED or micro-current technology to create the results of a "non-surgical facelift"

THE radiant pearl | 60 min | \$180  
restore your skin to its youthful glow with this brightening, vitamin c infused treatment

### facial additions

modern pearl | \$60 photo rejuvenation or microcurrent  
gua sha therapy | \$25 ancient technique to lift, firm + sculpt  
eye, lip, or décolleté treatment | \$25  
ampoule boost or peel addition | starting at \$25

*your face tells a  
story*



# bare necessities

## waxing services

lip, cheek, or chin | \$25

eyebrow | \$35

eyebrow duo | \$50

eyebrow trio | \$65

bikini | \$50

extended bikini | \$65

brazilian bikini | \$95

full back or chest | \$85

full leg | \$95

full arm | \$65

half leg | \$60

half arm | \$45

neck or underarm | \$45

## gentleman's treatments

THE aquaman | 60 minutes \$155

gentlemen's facial was created to address the specific needs of men's skin, which can be challenged by daily shaving and environmental stress.

THE 007 | manicure \$35| pedicure \$65

designed for the international man of intrigue, this hand or foot treatment precisely grooms your nails and cuticles and then buffs them to professional perfection.

THE terminator | \$425

let THE pearl help terminate your stress and get you back to superhero status. This gentlemen's package includes our Aquaman facial, a 60-minute custom pearl massage, and a 007 manicure.



# pearl massage

THE custom pearl massage | 45 minutes \$135 | 60 minutes \$165 | 75 minutes \$190 | 90 minutes \$225  
a deeply therapeutic full body massage combining the effective practices of Swedish + deep tissue

THE footsoul | 25 minutes \$85  
An indulgent foot therapy created to reduce tension + increase circulation through pressure point massage + sea salt exfoliation

THE hawaiian rapture | 75 minutes \$205 | 90 minutes \$240  
nurture your chakras + rejuvenate tired muscles with this tension melting, full-body, hot stone massage

THE icelandic fusion | 90 minutes \$265  
our signature relaxation experience is complete with stretching, acupressure, hot + cool stones, scalp massage + aromatherapy

THE keshi relief | 25 minutes \$85  
this targeted mini-massage addresses specific trouble spots to provide relief for those short on time

THE oyster | 60 minutes \$170 | 75 minutes \$195  
expecting mothers will find true bliss with this specialized prenatal massage designed to provide much-needed comfort + relief





THE pacific pearl | 60 min \$185 | 75 min \$205

a restorative massage uses cupping and flower essence therapies to release tension, stagnation, and congestion

THE sacred pearl | 60 min \$185 | 75 min \$205

recalibrate your body and return to sacred ground with our exclusive harmonizing massage treatment. based on Mother Earth's most healing properties

**massage gems additions**

cannabliss | \$35 utilizing the powerful precise pain relief of CBD oil, enjoy relief from inflammation, pain, sleeplessness, and daily stresses

botanical bliss | \$25 flower essence and aromatherapy blends to help dissolve tension, quiet the mind, remove stagnant energy or promote unconditional self-love

keshi rapture | \$25 hot stones added to your choice of back, legs + feet, face, neck +shoulders, or chest + arms

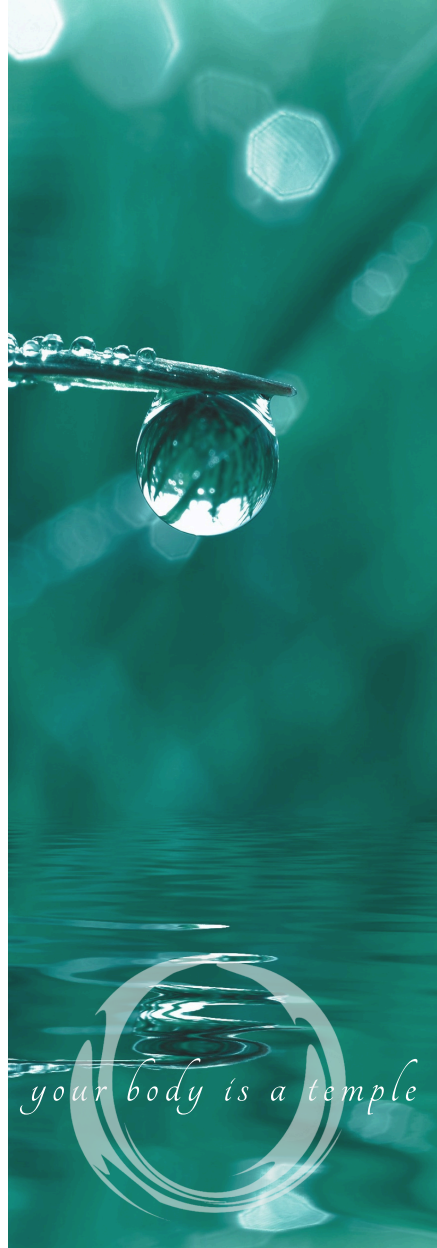
back scrub | \$25 gently exfoliates dry skin

cupping therapy | \$35 facilitates self-healing while reducing stagnation, congestion, and inflammation

dry brush experience | \$45 assists with exfoliation and detoxifying the body. (additional 15 minutes)

scalp experience | \$45 personalized scalp massage with essential oils. (additional 15 minutes)

keshi footsoul | \$45 15-minute foot soul experience



*your body is a temple*



# rituals + remedies

## THE atlantis | 60 minutes \$190

exfoliate + hydrate your way to bliss with this decadent wrap, complete with a hot oil scalp treatment + a generous application of organic shea butter.

## THE cleopatra | 60 minutes \$190

this royal ritual drenches your skin with warm milk + honey, designed to soften, soothe and revitalize the skin.

## THE deep blue sea | 60 minutes \$190

improve sleep, reduce pain + improve overall wellness with this exfoliating + detoxifying magnesium wrap.

## THE fiji retreat | 60 minutes \$190

nourish and replenish dry, dehydrated skin with this comforting treatment, straight from the islands of Fiji.

## THE lotus effect | 60 minutes \$190

experience complete transcendence as a fusion of over 25 aromatic essential oils and 21 flower essences harmonize imbalances between the body, mind, and soul

### ritual additions

add warm stones +\$25

add keshi relief massage +\$85

add 15-minute footsoul +\$45

*renew and recharge*



# hands + feet

THE atlantis | manicure \$50 | pedicure \$80

a delicious, deeply hydrating manicure + pedicure based on the soft scents of the Mediterranean Sea.

THE cleopatra | manicure \$55 | pedicure \$85

drench your hands and feet in warm milk + honey experience, designed to soften, soothe and revitalize the skin.

THE deep blue sea pedicure | \$85

this detoxifying pedicure removes fatigue from sore legs + feet with the power of magnesium

THE cosmopearlitan | manicure \$40 | pedicure \$70

our traditional spa manicure + pedicure infused with our signature icelandic moonflower scent

THE getaway | manicure \$30 | pedicure \$55

express manicure + pedicure perfect for anyone short on time. no cuticle or callus work included

## wellness therapies

THE pearl chi reiki | 25 min \$60 | 50 min \$110

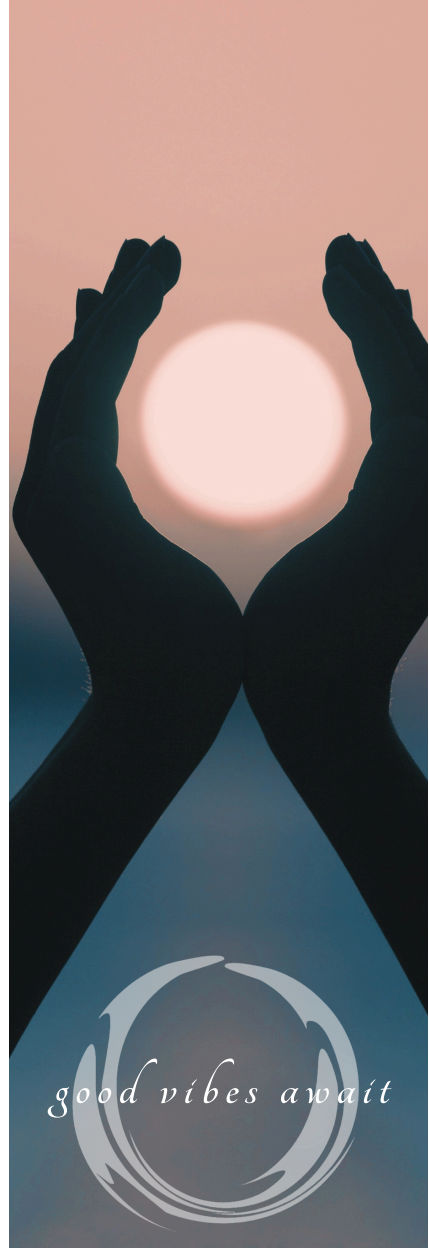
balance your chakras + bring the body, mind, and spirit back in harmony with THE pearl chi reiki treatment

THE great abyss | 25 min \$30 | 50 min \$55

a modern meditation experience to stimulate both neurological and psychological wellness

THE panacea | 25 minutes \$90

a fusion of reiki and assisted meditation quickly and effectively transports you into a deep state of relaxation.





# THE healing waters

## THE element experience

90 minutes | \$45  
series of 5 | \$175  
series of 10 | \$295  
series of 25 | \$575

THE pearl invites you to immerse yourself in the world's most ancient remedies at THE healing waters.

Relieve pain, reduce stress, and restore the body, mind, and soul through a series of thoughtfully curated water therapies.

A sacred space to enjoy all year long, THE healing waters was designed to be enjoyed as a semi-private experience or may be reserved for private groups. All guests must be 18 years or older.

Add a session in THE crystal salt room with our element experience\* and enhance your immune system, purge toxins, and soothe and repair skin concerns.

\*THE element experience is a 40-minute session and requires a separate appointment.

*let the healing begin*



# embodied movement

drop in class | \$30

series of 5 | \$110

series of 10 | \$190

series of 25 | \$395

Our classes encourage a holistic approach to physical health, helping to reduce stress, improve sleep, increase strength and flexibility, and enhance the overall well-being of our guests.

Our team of talented instructors will meet you where you are physically, emotionally, and spiritually, to ensure that you receive personalized care and instruction throughout your movement journey.

Classes with a focus on breathwork, energy flow, and meditation help you learn to relax, release, and return to the center. These tools are the foundation for a healthy, happy body.



# THE free spirit membership

\$175 annual fee

THE pearlfect membership for those who desire more freedom, THE free spirit is an annual, one-time purchase membership that offers great savings for twelve months.

## INCLUDES

- 15% off all spa treatments + mind-body movement classes Monday – Thursday
- 15% off all healing water sessions Sunday - Thursday
- 10% off all boutique product purchases
- your choice of two of the following:
  - THE cosmopearlitan manicure
  - one 90 minute healing water session
  - two mind-body movement classes
- members-only events, savings, and specials throughout the year including discounts at our annual holiday soiree
- and so much more



# THE mind-body movement membership

\$130 per month | THE annual plan\*

\$165 per moth | THE monthly plan

A wellness membership that focuses on self-care through community and holistic mindful movement classes.

## INCLUDES

- unlimited monthly fitness classes
- 15% off all spa treatments Monday – Thursday
- two 90-minute healing water sessions per month
- 15% off all additional healing waters sessions Sunday - Thursday
- 10% off all boutique purchases
- members-only savings and specials throughout the year including discounts at our annual holiday soiree
- and so much more

\*one-time registration fee \$50





# THE healing waters membership

\$80 per month | THE annual plan\*

\$120 per month | THE monthly plan

A therapeutic membership that focuses on healing through water. Reduce stress, pain, and more 5 days per week.

## INCLUDES

- one 90-minute healing water session Sunday - Thursday
- 15% off spa treatments Monday – Thursday
- 15% off all pearl movement classes
- 10% off all boutique product purchases
- complimentary use of locker room, showers, and sauna
- members-only savings and specials throughout the year including discounts at our annual holiday soiree, and so much more

\*one-time registration fee \$50



# THE fusion membership

\$170 per month | THE annual plan\*  
\$210 per month | THE monthly plan

THE ultimate wellness program, THE fusion membership combines the best features of our other membership offerings. THE fusion membership is a wonderful way to enjoy a variety of holistic experiences at great savings.

## INCLUDES

- unlimited monthly movement classes
- one 90-minute healing water session Sunday - Thursday
- 15% off spa treatments Monday – Thursday
- 10% off all boutique purchases
- complimentary use of locker room, showers, and sauna
- members-only savings and specials throughout the year including discounts at our annual holiday soiree
- and so much more

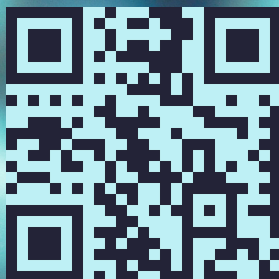
\*one-time registration fee \$50



*the pearlflect path*

**THE** pearl  
wellness + spa + boutique

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*THE world is your oyster...discover THE pearl...discover you.*