



THE pearl blue grotto experience

We are very pleased that you have selected to enjoy the blue grotto experience. The information below is intended to provide you with details of the experience and precautions to take, to ensure a safe and extraordinary experience.

1. Please be sure to inform your attendant at this time if you have any product allergies or if you are on any medications that you have been told make you more heat sensitive.
2. This service is contraindicated for pregnant woman.
3. The temperature of the room in the steam chamber will reach 106 degrees Fahrenheit and will stay that temperature for the duration of your experience.
4. It is not recommended to spend more than 20 minutes in the actual steam chamber under those temperatures.
5. If at any time you feel light headed, faint or nauseated, you should remove yourself from the heat and steam and cool off with water in the lounge area. If symptoms persist after a few minutes removed from the heat, call *98 to get assistance from our team.
6. It is not recommended that you consume or be under the influence of alcohol for this treatment. The heat combined with alcohol can cause adverse reactions and pose a health risk and danger of falling.
7. The shower temperature in the shower area is pre-set for comfort, experience and safety. It is not advised to adjust the settings as the temperature is set to cool the body after exposure in the steam room and there is a risk of burn if you make adjustments.
8. Please be advised that the tile floors in the grotto can become slippery and it is safest to keep your spa slippers on while moving throughout the chambers.
9. In the interest of your utmost safety, please do not stand on the steam room bench, shower bench, the countertop or any furniture.
10. The grotto is designed to be an enjoyable, relaxing experience in a private setting. Appropriate social behavior is required in this setting and we ask that you conduct yourself with the knowledge that this service is available and used by others after you, and that others are experiencing treatments at this time. If at any time misuse or rowdy conduct is suspected you may be asked to not reschedule with our facility.
11. Please be aware that some of the pigment in the natural clays may stain clothing and may not wash out.